

Western Cape College P-12 Tuckshop Menu 2023

Fresh Hot Food		Sandwiches		Snacks	
Monday		Ham Cheese Tomato	4.50	Cracker Pack	3.50
Honey Chicken & Rice	6.00	Chicken & Cheese	5.00	Fruit Smoothie	4.50
Meatballs & Pasta	6.00	Ham Cheese & Salad	6.00	Muffin/Cake	2.00
Sweet Chilli Chicken Wrap	6.00	Chicken Cheese & Salad	6.00	Mini Muffin	0.50
Tuesday		Egg & Lettuce	4.50	Fresh Diced Fruit Cup	4.00
Creamy Carbonara	6.00	Plain Salad	4.50	Snack Pack	10.00
Sweet & Sour Chicken & Rice	6.00	BLT	6.00	Drinks	
Puff Dogs	2.00	Toasted Sandwiches		Bottled Juice	4.00
Wednesday		Ham & Cheese	3.00	Water	2.00
Chicken Wings & Fried Rice	6.00	Chicken & Cheese	5.00	Popper	3.00
Cheese / Chicken Burger	6.00	Cheese	2.50	Nippys Flavoured Milk	4.50
Sushi full	8.00	Cheese & Tomato	2.50	Waterfords	4.50
Thursday		Ham Cheese & Tomato	4.50	Iced Tea	4.50
Curry Sausages & Rice	6.00	Fresh Wraps		Flavoured Water	3.50
Sausage Mash & Gravy	6.00	BLT Wrap	7.50	Glee	3.50
Pizza Slice	6.00	Chicken Caesar	7.50	Frozen Treats	
Friday		Roast Beef & Salad	7.50	Ice Creams from	3.00
Butter Chicken & Rice	6.00	Ham & Salad	7.50	Icy Cup	1.00
Bacon & Egg Muffin	5.00	Sweet Chilli Chicken	7.50	Icy Pole	0.50
Sweet Chilli Chicken Wrap	6.00	Fresh Salad Bowls		7- 12 Casual Specials	
Everyday Items		Potato Salad Small	5.00	Pork Riblet Roll	6.00
Pie	5.50	Pumpkin Fetta Salad	7.50	Ham Cheese Croissant	5.00
Sausage Roll	4.50	Fresh Garden	7.50	Chicken Chippies	4.50
Party Pie	2.50	Chicken Caesar	7.50	Garlic Bread	3.00
Spinach Ricotta Roll	4.00	Vietnamese Noodle Salad	7.50	Hotdogs	6.00
Snack Sausage Roll	3.50			Chicken Garlic Balls (3)	5.00

Vegetarian and Gluten Free options available via Flexischools.

Prices and Menu are subject to change and availability.

Top End Tuckshop is an ALLERGY AWARE Tuckshop.

Please note due to shared equipment and work spaces cross contamination is possible.